Rich Chocolate Almond Protein Shake

A creamy, low-carb smoothie packed with protein and natural almond flavor—perfect for muscle maintenance and weight loss.

Servings: 2 **Time:** 5 minutes

Ingredients

- 1 cup unsweetened almond milk
- 2 tbsp almond butter
- 1 scoop chocolate protein powder
- 1 tbsp unsweetened cocoa powder
- 1/2 tsp vanilla extract
- Ice cubes (optional)

Instructions

1. Add almond milk, almond butter, chocolate protein powder, cocoa powder, and vanilla extract to a blender.
2. Blend on high until smooth and creamy, about 30 seconds.
3. Add ice cubes if desired and blend again until chilled.
4. Pour into two glasses and serve immediately.

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